



You are invited to a presentation and discussion on

Transforming Relationships –
balancing safety and exploration for the hurt adolescent

Presented by Gail Johnston MA PGDip, BA Registered Psychologist

Friday 31 July 2009

Gail Johnston is a psychologist who has worked with children, adolescents and families in the Out of Home Care field in Australia and Ireland for over 14 years. Gail currently works privately with children and adolescents in foster and residential care.

This training session will highlight and explore the tensions in adolescent/parent relationships as adolescents move towards autonomy and their reliance on attachment figures shift. The training will also aim to discuss how the negotiation of the needs for independence and relationships can be particularly difficult for adolescents who do not have a secure attachment history. We will explore ideas that parents/carers and workers can use to maintain a connection, relationship and communication with adolescents during this challenging transitional period, encouraging the adolescent to explore with safety.

Date: Friday 31 July, 2009

Time: 9.45am for a 10.00am start – 1.00pm. Morning tea provided.

Venue: Lvl 3, Anglicare Head Office
18 Parkes St
Parramatta
(Parking available cnr Wigram and Hassle St behind the building or metered parking in adjacent streets)

Cost: \$25.00 agency workers; \$15.00 other guests.
Payable at the door. Includes morning tea.

RSVP: Georgina Hawcroft ph: 9890 6899; ghawcroft@anglicare.org.au (Tuesday through Friday) or email **by Friday 24 July**.

Certificates of Attendance will be issued at the close of the session.

We look forward to seeing you there!