

Post Adoption Support Services



Therapeutic Parenting for Adoptive Parents

Post Adoption Support Service (PASS) is providing a parenting support program for adoptive parents. The program will be run in small groups of about 6-8 people. There is no charge to attend but bookings are essential.

Sometimes parenting an adopted child can be different to what was anticipated, regardless of whether you are experienced parents or if it is your first child. Sometimes parents can feel that the way they are parenting is just not working with a child, even though they thought they had good parenting skills and have been doing everything 'right'.

These classes might be of interest to you if:

- Parenting your child is more stressful than you anticipated
- You are not enjoying being a parent as much as you expected
- Your child's behaviors are not responding to the ways in which you are parenting
- You started off feeling you had so much to offer and had many skills to parent, but that somewhere along the way parenting your child has changed who you are, that you aren't parenting the way you wanted, or that you no longer feel in control
- Your child has difficult behaviors you are struggling with.

The Therapeutic Parenting Classes will explore, in a safe and non-confronting environment, some of the messages and reasons behind behaviors and reactions children can have; what these reactions and behaviors can trigger in parents, and tools to restore yourselves as parents and to facilitate healing in your children.

When: July 24, July 31, August 7 and August 14.
There are two course times being offered. You may choose either:
Thursday Mornings at 10.00 am - 12.00 pm
or Thursday Evenings 7.00 pm - 9.00 pm

Where: Relationships Australia SA
49a Orsmond St
Hindmarsh